

# HEALTH and SOCIAL SERVICES

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## **Community Health Resources**

### **Adult and Senior Health Services**

**Which health services are offered by the City of Fort Worth and/or Tarrant County for adults and seniors?**

**Cholesterol and Glucose Testing** – Lipid panel testing to prevent and/or identify coronary heart disease or diabetes.

Tarrant County Health – (817) 321-4754

**Case Management for Medicaid Recipients** – Home visits, social service, health referrals.

Tarrant County Health:

Arlington – (817) 548-3990

Bedford/Northeast – (817) 285-4155

Lake Worth/Northwest – (817) 238-4441

Southwest – (817) 370-4530

La Grand Plaza – (817) 920-5752

**Diabetes Clubs** – Ongoing diabetes educational programs and referral services.

Tarrant County Health – (817) 321-4882

**Breast and Cervical Cancer Control Program** – Clinical breast exams, pap smears, mammograms, diagnostic services for abnormal findings such as ultrasounds and biopsies and case management for cancer treatment.

Tarrant County Health – (817) 321-4888

**Sexually Transmitted Disease Clinic/STD Prevention Services** – Risk reduction education, diagnosis and treatment of sexually transmitted diseases, including HIV. Interviews with HIV/STD-infected clients to identify partners; notification of partners about exposure; referral services.

Tarrant County Health – (817) 321-4800

Arlington – (817) 321-4800

Bagsby-Williams Center – (817) 321-4800

**HIV Counseling, Testing and Prevention** – Counseling and testing services to high-risk clients, as well as counseling and testing for HIV and syphilis in conjunction with HIV and substance abuse education/screening. Services provided at University, Miller and Randol Mill centers.

Tarrant County Health – (817) 321-4808

**Preventive Medicine Clinic** – Medical case management, nutritional counseling, referrals for support services, specialty medical care for HIV-positive clients. Services include physical examinations, laboratory tests and medications. Services provided at 1101 S. Main St. and Randol Mill centers.

Tarrant County Health – (817) 321-4808

**Tuberculosis (TB) Skin Tests & Control Program** – Skin testing for employment and schools. Clinic services include skin tests, chest x-rays, medications, and doctor visits.

Tarrant County Health – (817) 321-4900

TB Elimination Clinic – (817) 321-4900

## Children's Programs

### What services are offered for children?

**Child Safety Seat Program** – Provides child safety information, car seat instruction and gives out a limited number of child car seats to qualifying families with small children (English/Spanish).

Tarrant County Health:  
Arlington – (817) 548-3990  
Bedford/Northeast – (817) 285-4155  
Lake Worth/Northwest – (817) 238-4441  
Southwest – (817) 370-4530

**Headstart** – 37 centers provide childcare for low-income families with children age(s) newborn to 5. For more information, call Child Care Associates at (817) 838-8422.

### Teen Services

#### Which services are available to Fort Worth and Tarrant County teens?

**Team Fort Worth** – A campus-based program, sponsored by the Fort Worth Independent School District with a goal of building teens' self-esteem and confidence in their ability to make good decisions and set achievable goals. Both one-on-one and group mentoring opportunities are available.

Team Worth Coordinator: (817) 871-2291

**Teen Videofest** – An ongoing program encouraging teens ages 13 to 19 to produce videos on teen health issues. Videos are judged and scored by professionals, with top-scoring videos screened at an awards event during National Public Health Week.

Tarrant County Health – (817) 321-5379

### Family Health Services

#### Does the City of Fort Worth and/or Tarrant County provide family-oriented services?

Numerous health-related services in family planning, prenatal care, immunizations, food for young children and parenting are available in our community.

**Family Planning Services** – Services include women's health assessment, pap smears, pelvic exams and birth control counseling and methods.

Tarrant County Health:  
Arlington – (817) 548-3990  
Bagsby-Williams – (817) 531-6738  
Bedford/Northeast – (817) 285-4155  
Lake Worth/Northwest – (817) 238-4441  
Southwest – (817) 370-4530  
La Gran Plaza – (817) 920-5752

## Tarrant County Community Health Centers

### Customer Service

(817) 321-4700

County:

[www.tarrantcounty.com/publichealth](http://www.tarrantcounty.com/publichealth)

### Administration Offices

1101 S. Main St.  
Fort Worth, TX 76104  
(817) 321-5300

### Arlington Center

536 Randol Mill Road  
Arlington, TX 76011  
(817) 548-3990

### Bagsby-Williams Center

3212 Miller Ave.  
Fort Worth, TX 76105  
(817) 531-6738

### Bedford/Northeast Center

813 Brown Trail  
Bedford, TX 76022  
(817) 285-4155

### Lake Worth/Northwest Center

3800 Adam Grubb  
Lake Worth, TX 76135  
(817) 238-4441

### S. S. Dillow Elementary Center

4000 Avenue N  
Fort Worth, TX 76105  
(817) 531-6146

### Southwest Center

6551 Granbury Road  
Fort Worth, TX 76133  
(817) 370-4530

### TB Elimination Clinic

1101 S. Main St.  
Fort Worth, TX 76104  
(817) 321-4900

### La Gran Plaza

4200 S. Freeway  
Suite 89  
Fort Worth, TX 76115  
(817) 922-8293

**Case management for pregnant women and their children** – Home visits, social service, health referrals.

Tarrant County Health:

Arlington – (817) 548-3990

Bedford/Northeast – (817) 285-4155

Lake Worth/Northwest – (817) 238-4441

Southwest – (817) 370-4530

**Prenatal Hepatitis B** – Screening for Hepatitis B; case management for pregnant women with Hepatitis B and their families.

Tarrant County Health:

Arlington – (817) 548-3990

Bagsby-Williams – (817) 531-6738

Bedford/Northeast – (817) 285-4155

Lake Worth/Northwest – (817) 238-4441

Southwest – (817) 370-4530

La Grand Plaza – (817) 920-5792

**Immunization Outreach** – A mobile operation that provides immunization services at schools, day care centers, special events or for emergency needs. Immunizations are also available at community health centers.

Tarrant County Health – (817) 321-5450

**Women Infant & Child (WIC) Program** - A nutrition education program that provides health screening and supplemental foods for pregnant, breast-feeding and postpartum women, along with infants and children up to age 5.

Tarrant County Health – (817) 321-5400

## **International and Travel Health Services**

**What services are provided to those traveling into or out of the country?**

**Refugee Health Screening Program** – General health screening and referral services for all refugees relocating to Tarrant County.

Tarrant County Health:

TB Elimination Division

1101 S. Main St.

Fort Worth, TX 76104

(817) 321-4900

**Travel Health Services** – Health consultations for travelers, travel immunizations and booster shots, destination dossiers and vaccination certificates (yellow cards). Services provided at 1101 S. Main St. and Town Hall (Southlake) Centers

Tarrant County Health – (817) 321-4709

## **☐ Fort Worth Outreach Initiatives**

**What is a Community Outreach Team?**

It is a team of health and social workers who provide health-related support to Fort Worth families, neighborhoods and the community as a whole.

### What are some examples of the team services?

- Families - Link families with prevention, education and awareness resources through referrals, neighborhood clinic schedules, arrangements for interpreters and transportation, and other services
- Neighborhoods – Identify and address critical issues impacting neighborhood health
- The Community – Collaborate with service providers, faith communities, and neighborhoods to improve the overall health of the community through advocacy, prevention and awareness

### How do I contact my Community Outreach Team?

Each Community Outreach Team focuses on the needs of two Neighborhood Policing Districts. If you do not know which police district you are in, study the NPD map located at the end of this chapter and call the corresponding phone number of your team.

## Public Health Inspections

### Who is responsible for inspecting restaurants, childcare facilities, swimming pools, hotels and motels?

The Consumer Health Division of the Fort Worth Code Compliance Department.

### How can I report a sanitation problem at a local restaurant, childcare facility, swimming pool, hotel or motel?

Two options are available to you:

- By phone: (817) 871-7255
- Online at [www.fortworthgov.org/codecompliance](http://www.fortworthgov.org/codecompliance).

### How can I find out the inspection scores of local restaurants and other facilities?

You can find inspections score at [www.fortworthgov.org/codecompliance](http://www.fortworthgov.org/codecompliance).

## Government Insurance/Income Programs

### Who should I contact with questions concerning Medicare, Medicaid, Social Security or TexCare Partnership?

Medicare, Medicaid, Social Security and TexCare Partnership are all funded through federal or state programs. The City of Fort Worth has no involvement in these programs.

### Medicare

Medicare, a federally funded program, provides health insurance to citizens 65 years old and older, as well as kidney transplant and dialysis patients. If you or your spouse worked at least 10 years in Medicare covered employment and are a U.S. citizen or permanent resident, you are eligible for Medicare.

For answers to specific questions, contact:

### Fort Worth Community Outreach Teams

**Main Outreach Office**  
(817) 392-6200

**Programs & Services**  
(817) 392-6200

#### Neighborhood Outreach Teams: Team 1

(Neighborhood Policing Districts 11 & 12)  
(817) 871-6263

#### Team 2

(Neighborhood Policing Districts 1 & 2)  
(817) 740-2062

#### Team 3

(Neighborhood Policing Districts 3 & 4)  
(817) 999-6003

#### Team 4

(Neighborhood Policing Districts 7 & 8)  
(817) 871-6234

#### Team 5

(Neighborhood Policing Districts 9 & 10)  
(817) 871-6053

#### Team 6

(Neighborhood Policing Districts 5 & 6)  
(817) 871-5974

#### Community Actions Partners

(817) 871-5774

Health Care Financing Administration  
US Department of Health and Human Services  
(800) 633-4227  
[www.medicare.gov](http://www.medicare.gov)

or

Area Agency on Aging  
1500 N. Main St., Suite 200  
P.O. Box 4448  
Fort Worth, Texas 76164-0448  
817-258-8081  
817-258-8074 fax  
[www.unitedwaytarrant.org](http://www.unitedwaytarrant.org)

## Medicaid

Medicaid is a health insurance program for certain low-income and needy people, jointly funded by the U.S. and Texas governments, not the City of Fort Worth. For information about Medicaid, contact:

- Medicaid eligibility: (800) 252-8263 or (888) 834-7406
- Medicaid payments through Texas Department of Health: (512) 338-6518

## Social Security

Social Security is a federally funded program that pays benefits to eligible retirees, children, and widowers. For information, contact:

Social Security Administration  
(800) 772-1213  
[www.ssa.gov](http://www.ssa.gov)

## TexCare Partnership

TexCare Partnership, funded by the State of Texas, offers two children's health insurance programs:

- CHIP – Children's Health Insurance Program
- SKIP – State Kids Insurance Program for dependent children of state employees

Rates are flexible and are based on the number of family members, as well as family income and expenses. Children do not have to be U.S. citizens, but must be legal, permanent residents. For information about these programs, contact:

TexCare Partnership  
(800) 647-6558  
[www.texcarepartnership.com](http://www.texcarepartnership.com)

### Government Insurance/ Income Programs (not city-sponsored)

#### Medicare

Health Care Financing Administration  
Department of Health and Human  
Services  
(800) 633-4227  
[www.medicare.gov](http://www.medicare.gov)

#### Medicaid

Eligibility: (800) 252-8263  
or  
(888) 834-7406  
Medicaid payments through  
Texas Department of Health:  
(512) 338-6518

#### Social Security Administration

(800) 772-1213  
[www.ssa.gov](http://www.ssa.gov)

#### TexCare Partnership

(800) 647-6558  
[www.texcarepartnership.com](http://www.texcarepartnership.com)

## Social Service Resources

### City of Fort Worth Services

#### What are social services provided by the City of Fort Worth?

The Parks and Community Services Department's Community Action Partners Program provides assistance, either directly or by referral, with clothing, food, shelter, utility payments and medical help. Bus passes are provided at all locations to assist with job searches, doctor's appointments and referrals to other social service agencies. Comprehensive case management services are available for eligible households.

#### Where are Community Action Partner Centers located?

Ten Community Action Partners Centers are located throughout Tarrant County. Eight are located in municipal community centers near public transportation, one at the Parks and Community Services Administration Building and two centers serve residents in the far southeast and far northwest sections of Tarrant County. Each center serves a specific group of zip codes. Call any center listed below to locate the center serving your zip code.

<p><b>Central</b> 4200 South Freeway Fort Worth, TX 76115 (817) 392-1650</p>		<p><b>Martin Luther King</b> 5565 Truman Drive Fort Worth, TX 76112 (817) 871-5960</p>	<p><b>Riverside (on Sylvania)</b> 201 S. Sylvania Ave. Fort Worth, TX 76111 (817) 871- 6585</p>
<p><b>Como</b> 4900 Horne St. Fort Worth, TX 76107 (817) 871-5030</p>		<p><b>Northside</b> 1100 NW 18th St. Fort Worth, TX 76106 (817) 871-5820</p>	<p><b>Southside</b> 959 E. Rosedale St. Fort Worth, TX 76104 (817) 871-6605</p>
<p><b>Far Northwest</b> 920 Roberts Cut-Off Road River Oaks, TX 76114 (817) 624-3139</p>		<p><b>North Tri-Ethnic</b> 2950 Roosevelt Ave. Fort Worth, TX 76106 (817) 871-5850</p>	<p><b>Worth Heights</b> 3551 New York Ave. Fort Worth, TX 76110 (817) 871-8722</p>
<p><b>Far Southeast</b> 1188 N. Broad St. Mansfield, TX 76063 (817) 473-0253</p>			

#### Other social services provided by the City of Fort Worth include:

**The Summer Food Service Program for Children** – Each summer the City of Fort Worth serves free meals to children ages 1 to 18 at community centers and other participating organizations. The Summer Food Service Program is a building block in the community for healthy children and helps to attract federally funded resources for programs that combine mealtime with recreational and educational activities. Call (817) 871-5777 to locate a site near your home or to enroll your organization as a site.

**Thanksgiving and Christmas baskets** – Provides low cost or no cost baskets containing all items necessary to prepare a holiday dinner.

**Cowboy Santas** – Gives each eligible child a major toy, books, games and stocking stuffers to make their holidays brighter. To donate or find out more information, call (817) 871-8697.

## Community Resources

### How can I find out about other community resources available that are not connected with the city?

The Blue Book, a directory of community resources in Tarrant County, includes listings of more than 300 major local social service agencies and programs. The United Way of Tarrant County publishes it annually.

You may access the Blue Book or its information in three ways:

- Buy it from United Way for \$16.24 a hard copy or diskette:  
210 E. Ninth St.  
Fort Worth, TX 76102  
(817) 258-8000
- Use the Directory of Community Resources – First Call for Help at any Fort Worth public library. Some libraries allow check-out of the directory; others allow reference use only.
- Call United Way's First Call for specific service information: (817) 258-8100 or 211 from a home phone or landline.

The following table summarizes all categories of services listed in the Blue Book:

Adoption	Furniture/household items (free or low cost)
Child/youth advocacy	Gasoline assistance
Aging information/services	Health centers
Alcohol abuse prevention	Homebound and/or in-home assistance
Blind and/or visually impaired	Hospice/services for the terminally ill
Bus passes	Housing
Child abuse/neglect prevention	Immunizations
Child care	Legal services
Clinics	Medical equipment/supplies
Clothing (free or low cost)	Mental health services
Counseling	Mental retardation services
Day care	Pregnancy prevention and/or prenatal
Deaf and hearing-impaired	Services
Dental care	Prescriptions
Developmental disabilities	Residential care/treatment
Drug abuse	Shelter
Education	Substance abuse prevention/treatment
Employment	Transportation
Ex-Offenders/offenders services	Utilities
Financial assistance	Veteran services
First aid/safety awareness	Victim assistance
Food	